



Heart Mug Rug

A free project by Penny Haren, the author of *Log Cabin Quilts*



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Heart Mug Rug



Cutting

From light value 10" square, cut:
(3) 1-1/2" x 10" strips for block
(1) 4-1/2" x 6-1/2" rectangle
for the heart curve

From 1 dark value 10" square, cut:
(3) 1-1/2" x 10" strips for block
(1) 2" center square
(1) 4-1/2" x 6-1/2" rectangle
for the heart curve

Note: To conserve fabric, Round 1 and 6 logs can be pieced out of one strip; Round 2 and 5 logs out of another strip; and Round 3 and 4 logs out of the remaining strip. However, there is enough fabric to cut an additional strip if needed.

Materials for Mug Rug

- 1 light value 10" fabric square
- 2 dark value 10" fabric squares
- (1) 10" batting square
- Freezer paper
- Creative Grids® 6" Log Cabin Trim Tool

Materials for Optional Tag

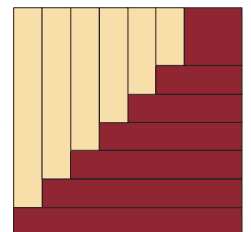
- 2-1/2" x 3-1/2" scrap red wool
- 2-1/2" x 3-1/2" scrap Heat 'n Bond®
- 2" x 3" scrap of light fabric
- 3/4 yard of 3/8" red ribbon
- Red #8 perle cotton
- Black Pigma® Micro Pen #08'

Important!

This pattern is designed with the Creative Grids® 6" Log Cabin Trim Tool in mind. If you are not using the trim tool, you will need to cut your strips 1-1/4" wide.

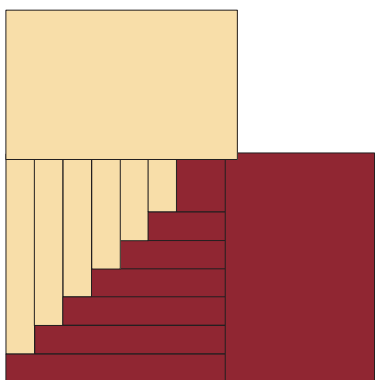
Making the Block

1. Sew a 2" dark center square to a 1-1/2" light strip, right sides together. Trim the light strip slightly longer than the center square and finger press the seam.
2. Sew the segment from step 1 to a 1-1/2" dark strip, right sides together. The strips should be sewn in a clockwise rotation on adjacent sides of the dark center square. Trim the dark strip slightly longer than the center square to complete Round 1.
3. Press the block and trim Round 1 to size using the 6" Log Cabin Trim Tool.
4. Referring to steps 2-3, sew Rounds 2-6 to the block. Press and trim the block after each round is added. Make 1 half log cabin block.

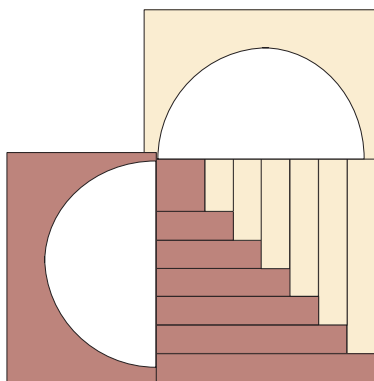


Finishing the Mug Rug

1. Sew the 4-1/2" x 6-1/2" dark rectangle to the dark side of the half log cabin block. Sew it to the side with the seams to make it easier for turning later. Press the seam toward the rectangle.
2. Sew the 4-1/2" x 6-1/2" light rectangle to the adjoining light side of the half log cabin block. The light rectangle will extend 1/4" beyond the dark rectangle to create the seam allowance when the heart is sewn. Press the seam toward the rectangle.

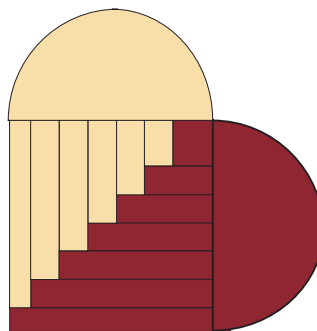


3. Trace two heart curve shapes onto the matte side of the freezer paper. Press the shiny side of the freezer paper in place on the wrong side of the 4-1/2" x 6-1/2" rectangles. The corners should touch at the center of the heart and end 1/4" from the outside edge.



4. Place the half log cabin unit right on the remaining dark value 10" square, right sides together. Place these pieces on top the 10" batting square.

5. Sew around the outside edges, even with the templates. Leave a 4" opening along one straight edge for turning.
6. Trim the excess fabric within a 1/4" of the stitch line. Turn the heart shape right side out and press. Slip stitch the opening closed to complete the mug rug.



Making the Tag

1. Iron the Heat 'n Bond® scrap to the wrong side of the 2" x 3" scrap of light fabric.
2. Trace the tag shape on the Heat n' Bond®. Cut out the tag shape and remove the paper backing.
3. Iron the tag to the red wool scrap. Trim the wool approximately 1/4" from the edge of the fabric with pinking shears.
4. Buttonhole stitch the tag to the wool.
5. Using the Pigma® Pen write any message desired on the tag. Tack the top of the tag to the mug rug.
6. Make a bow with the red ribbon and tack it in place on the mug rug.



Templates are full-size

