

Pincushion Cuff Tutorial

By: Keyka Lou



Supplies

1. Fabric
2. 2" piece of VELCRO
3. Thread
4. Polyfil or other loose stuffing
5. Button
6. Embroidery floss or wool thread

Keyka Lou

1. Cut Pieces

Cuff

- (2) strips 9" long x 2.75" wide
- (1) Iron-on interfacing or other stabilizer (optional)
- (1) 2" piece of VELCRO

Pincushion

- (2) circles 3-4" in diameter for the outside fabrics (a coffee cup, yogurt container lid or packing tape works great for a circle template).
- (1) extra layer of scrap fabric for the bottom of the pincushion. This will be on the inside so it doesn't matter what it looks like.



2. Sew Pincushion

- a) Lay the two circles cut for the pincushion **RIGHT SIDES TOGETHER**.
- b) Place the scrap fabric circle on the **WRONG** side of whichever piece you intend to be the bottom of your pincushion.
- c) Stitch around edge using the edge of your presser foot as the seam allowance guide. Leave a 1" or so place to turn it right side out. *Tip: Sew the opening area closed first by back stitching, then lengthening your stitch and sewing about an inch, and then back stitch again where the opening ends. Then you can press the seam open in this area and remove the stitches. This will give you a nice crease to follow when stitching the opening closed.*
- d) Clip all around the circle and press your stitches to shrink them up.
- e) Turn the pincushion right side out through the opening.
- f) Stuff the pincushion with polyfil. Make sure to stuff above the bottom extra layer of scrap fabric.
- g) Slip stitch the opening closed.



3. Sew Cuff

- a) Apply iron-on interfacing to the **WRONG SIDE** of one cuff piece.
- b) Lay cuff pieces **RIGHT SIDES TOGETHER** matching up edges and pin in place
- c) Sew around perimeter of cuff pieces using edge of presser foot as the seam allowance leaving an opening for turning along one of the longer sides.
- d) Press stitches to shrink them.
- e) Turn cuff right side out.
- f) Slip stitch opening closed.
- g) Topstitch around perimeter at 1/8"-1/4".

4. Make Flower

- a) Thread needle with embroidery floss or wool thread.
- b) Insert needle through the middle of the bottom of the pincushion and come out through the top.
- c) Wrap thread around outside edge and push needle through the bottom center again coming out on top.
- d) Repeat making four quadrants and then divide each quadrant again with thread.
- e) Sew button onto center of the top.



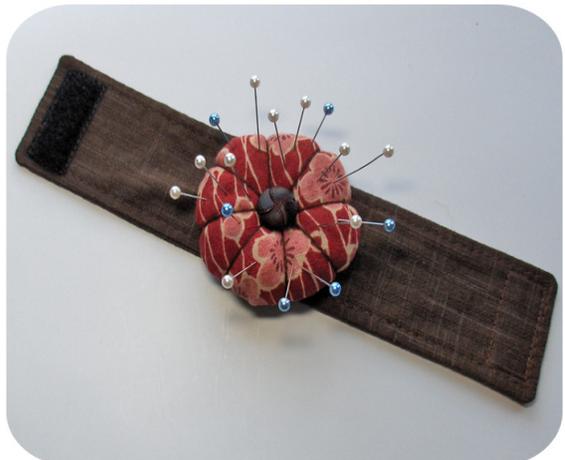
5. Attach Pincushion to Cuff

- a) Center pincushion on cuff and hand stitch the bottom side to the cuff. These stitches won't be visible so feel free to not worry about them being perfect. Go around a few times to secure the pincushion to the cuff.



6. Sew VELCRO to Cuff

- a) Separate the VELCRO into two pieces—the hook (rough) side and the loop (softer) side.
- b) Take one half of the VELCRO and sew it to the **TOP** side of one end of the cuff.
- c) Take the second half of VELCRO and sew it to the **BOTTOM** of the opposite end of the cuff.



7. Finishing

- a) Trim any stray threads and you're done!