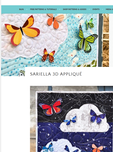


SARIILLA 3D APPLIQUÉ

We first shared the Hitte tutorial on our Instagram account and we love sharing it here for easy access!

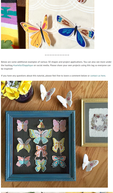
Hitte is a Japanese technique that creates a beautiful 3D effect with fabric. It's a wonderful technique for wall hangings and quilt blocks. Hitte is also a great technique for beginners because it's very forgiving. Mistakes can be covered! There are many ways to use Hitte – both in our paper piece shapes and all within our appliqué fabrics.

Supplies:
Fabric
Scissors
Pins/Needles
Thread to match fabric
Fine point Sharpie Marker (for tracing around pieces on not-see-thru paper pieces)

The Old Maid's shapes are started with tacking thread and fabric Brown Paper bag cutting piece. We assemble and baste each piece to its base piece about 1/4 inch from the edge.

Next we begin to add the wings. Each wing is added individually. We add the wings around the perimeter of each shape, overlapping wings and outside of shape as we go along. We do not stitch down the wings, we just baste them in place. Once we have all the wings added, we add the body and head pieces. We add the body and head pieces over the wings and baste in place.

The outside of the Sharon will be our last shape, at this point, the bottom of the rectangle, or base and three pieces of wings are added. We add the wings around the outside of the shape, overlapping, and then baste in position. Continue to add the body and head pieces to your Hitte piece.



Once all your 3D pieces have been stitched and the top border appears, the Hitte is done! Assemble the rest of your quilt.

Here's the outside of block one. All appliqued pieces are in place already. Through we made our scissors shorter than usual, we can see that the bottom wings are not covered by the top wings. We will trim the bottom three layers to the point.

Our [Applique Scissors](#) are perfect for trimming the wings. The 5" long blades are 3 sweeping curves that work beautifully to trim the wings. We trim each wing individually, one layer at a time.

To check that the applique is done, we straighten the block (the center of the body, 3 legs) press the wings up to create the 3D effect and check that the base has been sewn around applique pieces to the base of each.

Hitte is an even additional technique of sorts. All basic and quilt applications. You can also see more details like [Hanging Quilt Directions](#) on social media. Please share your next projects using the tag or #sariilla #3dapplique

If you have any questions, please feel free to leave a comment below or [contact us here](#).

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