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QUILTING BLOG

# I ♥ Quilting: Stitch a Simple, Strippy Heart Quilt Block

By **Diane Knott** on January 29, 2018

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Would you like to make a fun, strip-pieced scrappy heart block for Valentine's Day? Here's a simple 8½" quilt block tutorial that will sew up in a snap!



## HOW TO SEW A STRIP-PIECED HEART QUILT BLOCK

### MATERIALS NEEDED:

- Six 1½" x 6½" strips of red or pink heart fabric
- Four 1½" squares of background fabric
- Two 3½" squares of background fabric
- Two 1½" x 6½" strips of background fabric
- Two 1½" 8½" strips of background fabric



### STEP 1:



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**Four-Leaf Lucky: Stitch a St. Patrick's Day Block**

Sew the red or pink heart strips lengthwise into two sets of three.

**STEP 2:**



Lay the background squares on top of the strip sets, right sides together. The smaller squares should be on the top of the heart strip units, while the larger square should be on the bottom. Using a ruler and pencil, mark the back of the squares with a diagonal line.

**STEP 3:**



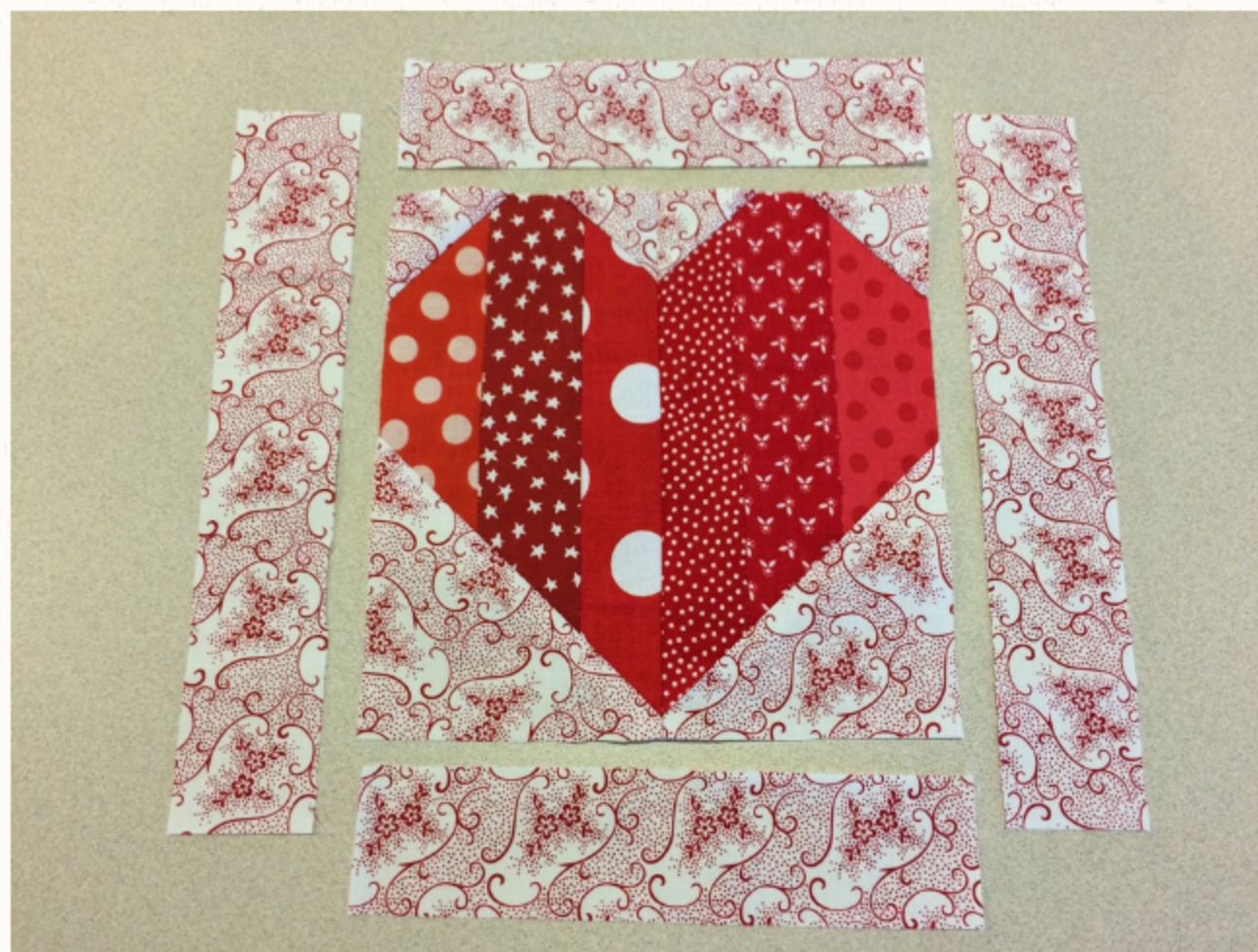
Sew on the marked lines. Press the background pieces away from the center of the heart as shown. Trim away the excess.

**STEP 4:**



Sew the two sides of the heart together to form a heart.

**STEP 5:**



Add the 6½” strips on the top and bottom of the heart unit. Then add the 8½” strips on the right and the left. The block will measure 8½”.

Press the block.




How many color combinations can you make? Or maybe you could to reverse the red and white? Or have rainbow hearts? Or candy heart colors? Batik hearts on a black background, or country hearts on a tan background? Make this heart block your own!

Have a very happy Valentine’s Day!

**IF YOU MISSED ANY OF OUR OTHER FREE SCRAPPY BLOCK PATTERNS, THEY CAN BE FOUND HERE:**

- [Scrappy Star Quilt Block](#)
- [Heart Quilt Block](#) (you are here!)
- [Four Leaf Clover Quilt Block](#)
- [Umbrella Quilt Block](#)
- [Easy Flower Quilt Block](#)
- [American Flag Quilt Block](#)
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**ADD TO YOUR STASH!**

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Once you use up all those scraps, you have the perfect excuse to pick out some new fabrics. Here are our favorites.

**Browse More**

### EXPLORE VALENTINE'S DAY PATTERNS ON CRAFTSY



**Valentine's Day Mug Rug**  
Sold by Jacquelynne Steves:  
The Art of Home  
**Free!**



**Sugar Cookie (Valentine's Day Table Runner)**  
Sold by Primrose Cottage  
Quilts  
**\$5.50**

### 32 COMMENTS

**Patricia Shoemaker**  
January 31st, 2015

Sew cute. I will have to make this soon. Thank you for sharing.

[Reply](#)

**Oneiram02@gmail.com**  
January 3rd, 2016

I Love This Method So simple, Easy To Learn  
Thank you  
I will try how to do the heart for valentine  
It's beautiful

[Reply](#)

**Geri keener**  
January 31st, 2015

The cutting list is missing a set of squares. Four are listed and six are shown. I assume the 1 1/2 squares should read four, not two.

[Reply](#)

**Diane Knott**  
January 31st, 2015

You are correct! The photo is right and the typo that reads two blocks 1 1/2" SHOULD be four blocks. So sorry for any inconvenience!

[Reply](#)

**Susana**  
January 31st, 2015

Gracias por compartir  
me encantan los trabajos manuales .

[Reply](#)

**Carol**  
January 31st, 2015

This is so cute. I'm making one today. Thanks!

[Reply](#)

**Elva Cano**  
January 31st, 2015

I love it cute & simple I will make <3

[Reply](#)

**Nancy Scislowicz**  
January 31st, 2015

is this something a beginner could make?

[Reply](#)



**Mary**  
January 31st, 2015

cute

[Reply](#)



**Mary Jane Warrior**  
January 31st, 2015

Made it now trying to figure out how to post picture.

[Reply](#)



**Mary Sloan**  
January 31st, 2015

I just finished mine. Believe me a beginner can make this. It was fun and fast. Yes you are right it should have listed four 1 1/2 squares

[Reply](#)



**Judy Parker**  
February 1st, 2015

I love it...thanks for sharing

[Reply](#)



**Kathy**  
February 1st, 2015

Thank you for sharing this cute pattern. I just made it with reds and red/black prints for a quilt I am making for my daughter, who will be leaving this summer to be a missionary. At the bottom I added a bible verse "Love the Lord your God with your whole heart." I'll post a picture if I can figure out how to do that! Thanks again for the clear instructions.

[Reply](#)



**Cyndi Hayden**  
February 3rd, 2015

Very cute. I think I will make a table topper!!

[Reply](#)



**Ifjones**  
February 11th, 2015

What are the seam sizes that you used?

[Reply](#)



**Diane Knott**  
February 11th, 2015

One quarter inch seams are always used unless otherwise stated. Thanks for asking!

[Reply](#)



**Delphia Clark**  
February 25th, 2015

I like these patterns

[Reply](#)



**Diane**  
February 28th, 2015

I'm so happy that you do! They are fun to make up with scraps.

[Reply](#)



**Terry Holland**  
February 28th, 2015

Love these blocks. Right size for me to make for my mini quilt hanger. I change out blocks each month for the different holidays or celebrations. Thanks.

[Reply](#)



**Diane**  
February 28th, 2015

Yay! That's great! You'll be happy to know that the block for April is in the works already!

Reply



**Claudia**  
April 24th, 2015

Was looking for one like this. Thanks

Reply



**Jayne**  
May 24th, 2015

This is so cute I had to make it right away... mine is in purples with a pink background. Thinking a few more and I have a baby quilt! Thank You!

Reply



**Caroline De LA Pena**  
June 14th, 2015

Love site very much .i will be visiting often.

Reply



**Kathleen**  
July 30th, 2015

Is there a free download for the February, March, and May blocks? Thank you.

Reply



**Linda Terry**  
March 22nd, 2016

Just found your wonderful blog link on Quiltville's site. I think I am going to love it!!!!!!

Reply



**Joan**  
May 14th, 2016

I made this too. I wish there was a way to see everyone else's pictures.

Reply



**Rebecca**  
September 14th, 2016

Where is the PDF please?

Reply



**Teresa**  
April 6th, 2017

Can some help me convert this to a 10" block

Reply



**Barb**  
November 8th, 2017

How would I convert this for a 6 or 7 inch block?

Reply



**Monique**  
January 29th, 2018

I offered this block as a challenge in my facebook group and it was so cute to see all the different blocks and projects people made!

Reply



**Nonnie1988**  
January 29th, 2018

I would like to see this series of block patterns in a PDF format ... It sure would make it easier on me as my sister and I are making a heart quilt then I could just share the pattern with her.

Reply



**Judy**  
January 29th, 2018

Thank you for sharing. I am going to try to make this sweet heart. Love it!

Reply

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