

# Pink Simplicity

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## Pretty Little Trivets & Hot Pads – Free Pattern

05/05/2017

Happy Friday lovely ladies! How was your week? Ours was much less stressful (thank goodness) though still busy, so not much time for sewing. Our son graduates from college tomorrow, so I've been busy getting ready for his graduation party. And, next week, Kate and Matt are heading out of town for a friend's wedding, so Tate gets to come and stay with us for five days ;)! But, I still have a fun pattern for you this week! I haven't mentioned it, but I had a blog called Charming Chatter for several years before I took a break, and then started this one. And, I've been meaning to transfer the Free Patterns from the old blog over here so they'd all be in one place – so perfect timing ;). While I'm working on new patterns, I can share these with all of you ;). We'll start with this one, which was a favorite over at Charming Chatter! It's called Pretty Little Trivets and Hot Pads!



As a side note, the two smaller trivets also make darling Candle Mats or Scentsy Warmer Mats ;). So, here it is – a blast from the past ;) – first posted June 28, 2013 ;)! Enjoy!

Welcome to Pink Simplicity, where I share my love of the simple things that bring so much joy to life - family, home, fabric, sewing, books, cooking, flowers, gardening. Oh, and Pink, definitely Pink (not just the Color, but the Attitude that is Pink)!

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### Free Patterns

- Pretty Little Trivets & Hot Pads
- Cutie Pie Pincushion
- You Sew Girl Sewing Machine Block

Alright, let's talk kitchen goodies, girls!



I just love Dresden blocks, don't you? And right now, I'm especially in love with these

Baked With Love Pie & Rolling Pin Block  
Vintage Apron Block  
Garden Thyme Watering & Spade Block  
Happy Campers Camper Block  
Patchwork Cupcake Block  
Patchwork Heart Block  
Dish Draining Mats

### Free Quilt Patterns

Half-Pint Quilt (Full & Mini Versions)

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what I call "Chunky" Dresdens. There are only 12 fat little petals/blades in each block, and a nice big, round circle.

My hot pads were in really bad shape, and I needed trivets, too. So, I thought I'd put my love of Chunky Dresdens to practical use – and thought it would be fun to share a tutorial with you sweet girls. The hot pads are 7 ½" finished, and the trivets are 6", 9", 12", and 15" finished. This way, we have some for our little and big pots and pans.

Here are the pattern templates for each trivet in PDF Format for you to Download:

[6" Dresden Plate](#)

[9" Petal Dresden](#)

[12" Dresden Plate](#)

[15" Petal Dresden](#)

These blocks would also make adorable quilts, so if you don't need trivets, I thought maybe you might enjoy them for quilting purposes!

Here are the supplies you will need:

#### **6" Trivet**

12 – 2 ½" Squares for Blades

1 – 4 ½" Square for Center

1 – 8" Square for Backing

1 – 8" Square Batting (or Insul-Bright)

#### **9" Trivet**

12 – 3 ¼" Squares for Petals

1 – 6" Square for Center

1 – 11" Square for Backing

1 – 11" Square Batting

#### **12" Trivet**

12 – 4" Squares for Petals

1 – 7" Square for Center

1 – 14" Square for Backing

1 – 14" Square Batting

#### **15" Trivet**

12 – 5" Squares for Petals

1 – 9" Square for Center

1 – 17" Square for Backing

1 – 17" Square Batting

### **Hot Pads (for Two)**

50 – 2" Squares

2 – 9 ½" Squares for Backing

2 – 9 ½" Squares Insul-Bright

8 – 8 ½" Strips ½" Lace (Optional)

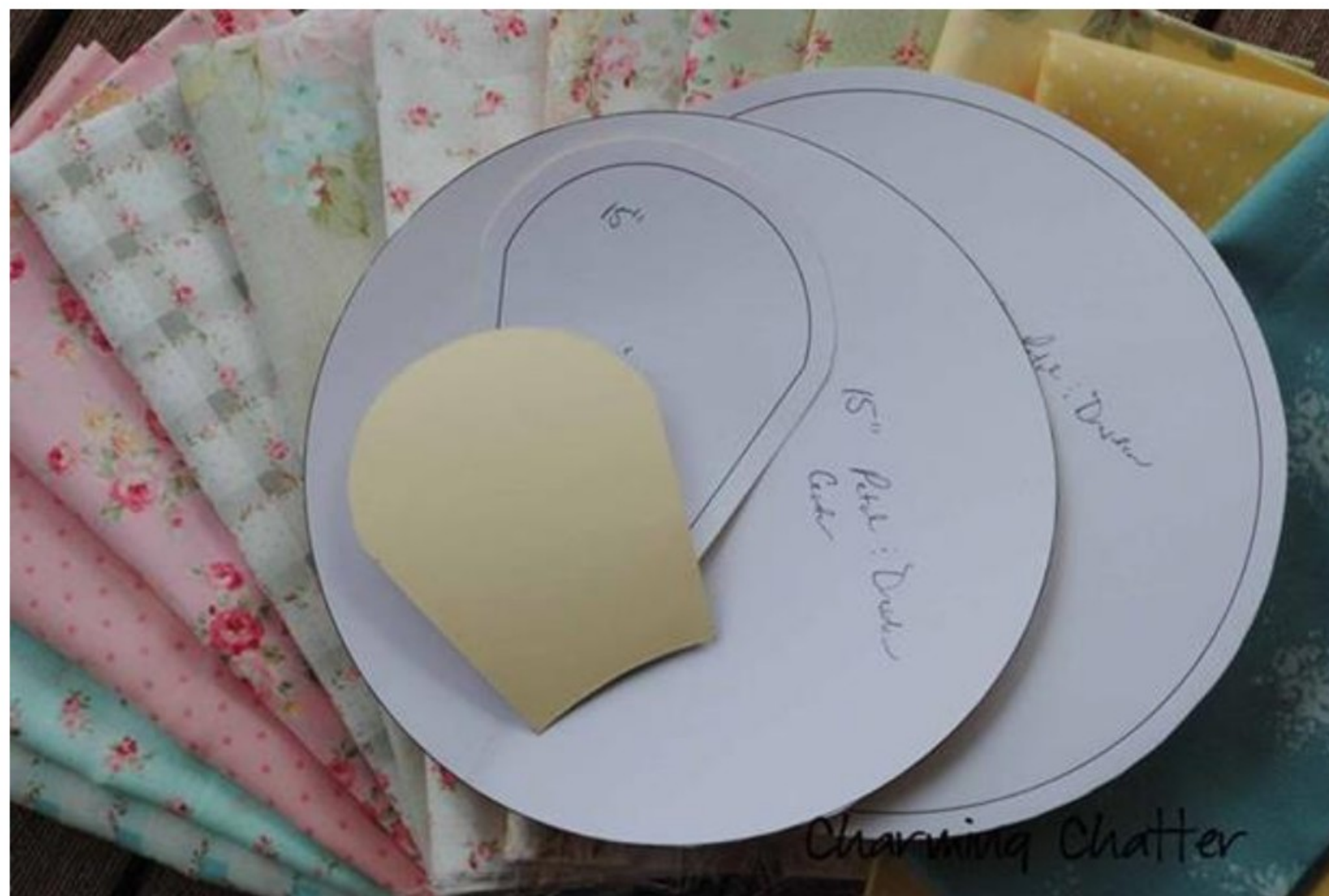
2 – 2" x 44" Strips for Binding

Optional: 10 – 2" White Squares for Stamping or Fussy Cut, and 40 – 2" Multi-Colored Squares, 2 Buttons for Hanging Loops, and 4 – 3 ½" squares for stamped blocks on back

### **Making Templates for Trivets**

I printed the pattern templates out twice (to cut one with and one without the seam allowance).

To make file folder templates (my templates to store and use repeatedly), glue the printed template paper (I use a glue stick) to a file folder. I only cut one center circle and one petal/blade for each block from file folders.



To make your freezer paper templates, trace the template without the seam allowance on the non-shiny side of your freezer paper. Iron the shiny side of that paper to the dull side another sheet of freezer paper, and cut out on the line. You will need one center circle and 12 petals/blade templates for each trivet you make. Note: You can reuse your freezer paper templates two or three times.



REMEMBER: You are using the template with no seam allowance.



### Making the Trivets

1. Iron the freezer paper template to the wrong side of the fabric for your center and your 12 petals/blades. I used several different fabrics for mine, but I think they'd be cute with the same color petals, too.
2. Carefully cut around the outside of the template, leaving a  $\frac{1}{4}$ " seam allowance on all sides. Note: For the circles, I like to leave a bit larger seam allowance (about  $\frac{3}{8}$ "s inches). For the petals/blades, I used a rotary cutter on all of the straight sides (placing my  $\frac{1}{4}$ " line on the template line). For the rounded edges, I used my file folder template with seam allowance to trim the petals/blades more accurately.



3. Leaving your templates on your pieces, give them a quick press. Note: You can remove the templates if you'd like, I left them in because it was easier to see, and made the stitching easier for me (especially the curves around the petals).



4. Lay out your twelve petals in the order you would like them to be stitched.
5. Place two petals right sides together, and stitch along the side. Add another petal and stitch, until you've stitched all twelve together. Then, fold the block in half, and stitch your first and last petal together.



6. Leaving the templates in, press the seams open.



7. With your file folder template (without the seam allowance) carefully mark your pivot points with a dot with your pencil (just at the corner where the template changes directions).



8. Make your quilt sandwich. Batting on the bottom, then backing fabric (be sure it is face up), and then your Dresden (face down) – so that your backing and top are faced right sides together, as we will be turning them inside out.



9. Using the templates as a guide, stitch all the way around your Dresden plate, pivoting at your pivot markings.



10. Trim off the excess batting and backing at the  $\frac{1}{4}$ " seam allowance.



Clip your inner points, and around the curve of your petals. I'm pretty brutal with my trimming – there is quite a bit of bulk so I trim the entire edge down to closer to  $\frac{1}{8}$ ".



11. Turn right side out, and press.



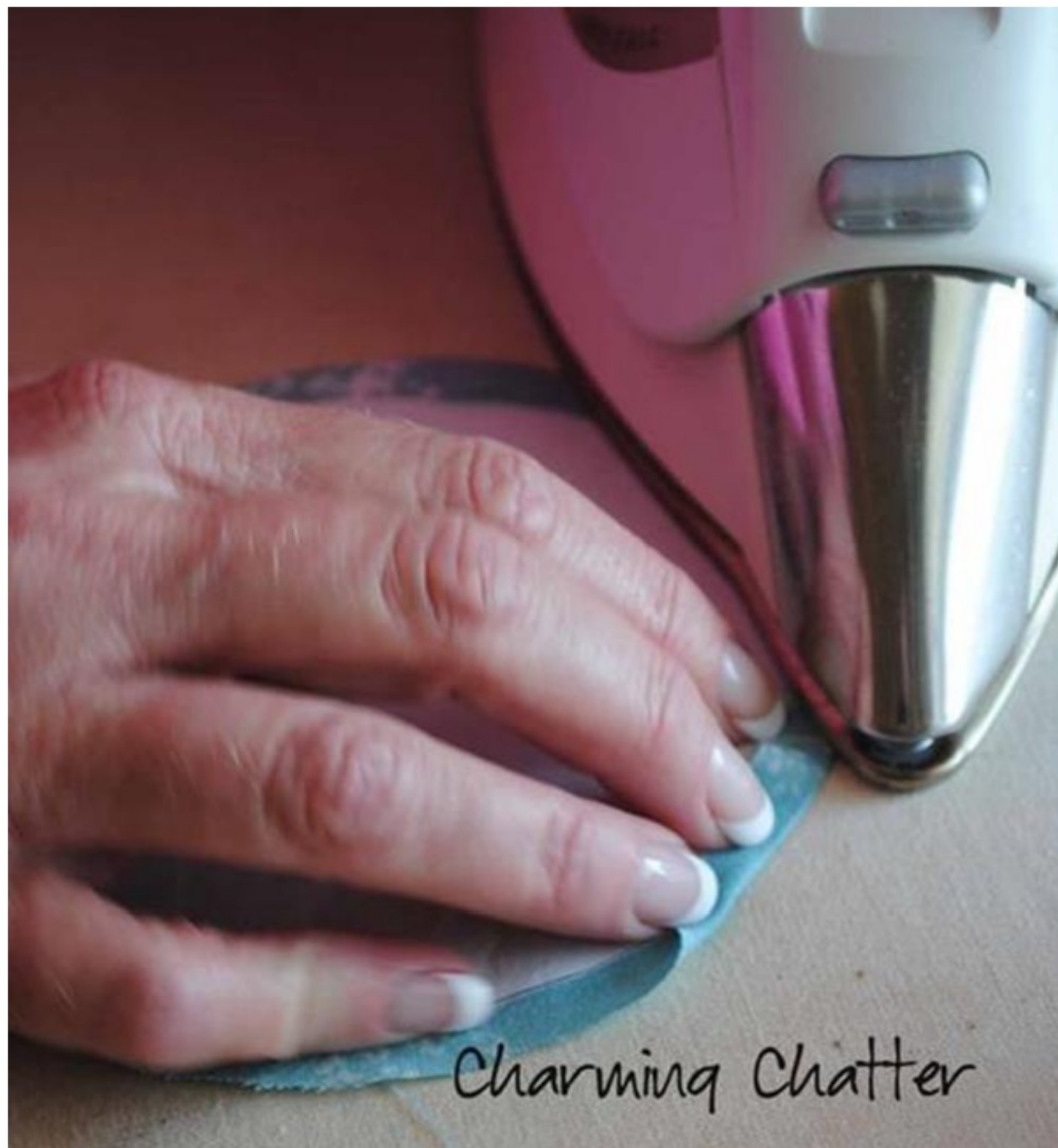
12. Align your circle in the middle and hand applique it to the center.



To make the center circle, I use the corn-starch method. You can spray some starch in a bowl or make your own (1 heaping  $\frac{1}{4}$  tsp. corn starch and  $\frac{1}{4}$  cup warm water – mix well). Then, using a paint brush, paint the corn starch on in two inch section.



Pull the fabric over gently with your fingers and press, working your way around the entire circle.



Leave the freezer paper template in until you are ready to applique your circle.



When you are ready, give the circle a quick press, and carefully pull away the seam allowance from the template. Press again, and you're ready to stitch.

13. Quilt as desired. I quilted a cross-hatch in the center, and then quilted about  $\frac{1}{4}$ " around each petal. I used masking tape instead of marking lines in the center



Voila – one very pretty little trivet to brighten up your kitchen.



**Hot Pads**





These are so simple, I'll be quick here.

1. Lay out your 2" squares in 5 rows of 5 squares each.



2. Stitch the squares together to make your rows.
3. Stitch your five rows together.
4. Make your quilt sandwich backing (facing out), batting, and hot pad top (facing up) – standard quilt sandwich as there will be no turning here.



5. Quilt as desired.
6. Pin your lace to each side of your hot pad and stitch using 1/8" seam.



7. Lay your binding over the lace, and bind! Easy Peasy!

But, they make really pretty little hot pads, no?

Optional: You can use a piece of your left over binding to make a hanging loop. Trim your binding to one inch wide (1/2" when folded). Press the raw edges in 1/4" on each side to make a 3/4" x 1/4" piece.



Run a stitch just inside the edge to close up the strip.



Attach both ends to the top corner edge of the hot pad, and cover with a pretty button!



Such fun little hot pads :0)!!



I almost like the back better than the front (it happens to me sometimes :0)!



My daughter Kate wants a set, so I'll be making more – which is fine with me because these were really fun to sew



Hope you enjoyed this tutorial, and that you have fun stitching up some pretty little trivets and hot pads of your own. These would also make great little gifts – for house warmings or Christmas don't ya think? If you do stitch some up, I hope you'll send me a picture – I'd love to see them!

Have a wonderful weekend girls!

TTFN,

Kelly

Posted on 05/05/2017 at 07:35 AM in Free Patterns & Tutorials, Sewn from the Heart | [Permalink](#) |

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I was thrilled to get your email about your new blog. It's hard to believe that your son is graduating from college and you're now a grandmother. I look forward to keeping up with the exciting changes in your quilting and personal life.

Posted by: [KatieQ](#) | 05/06/2017 at 07:08 AM



welcome back Kelly- sure have missed you- And look at you and those precious Grandbabies.  
Looking good girlfriend

Rosie in Ct.

Posted by: Rosie | 05/09/2017 at 06:20 AM

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Oh. My. Goodness!! How fun is this post?! And all the patterns and wonderful tutorial!! I'd love to make these for Christmas...once I can find my sewing machine and start sewing again! 😄 Once the new carpet is in and everything gets put back in place....maybe I can get back to sewing! Sew excited to see other things from Charmimng Chatter!! It's delightful...like everything you do!! ❤️❤️

Posted by: Marilyn | 05/09/2017 at 10:13 AM

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